

ITINERARIES

We recommend the following itineraries which you could enjoy 365 days of the year. Waves, culture and leisure for all kinds of surfers in stunning scenic locations.

ARE YOU LOOKING FOR NEW AND POWERFUL EXPERIENCES?

GALICIA SURF GETAWAY 3 DAYS

The Rias Baixas are the perfect place for an express surf-trip along the Galician coastline in autumn and spring. In just three days you could visit a great variety of beaches. On this getaway you'll enjoy nice weather, gastronomy from the rias, internationally known wines and two different, but complementary, cities such as Vigo and Pontevedra.

YOU MUSTN'T MISS:

The cities of Vigo and Pontevedra

These two must-see cities are emblematic of the Rias Baixas. They perfectly complement each other due to their proximity. Vigo is a cosmopolitan city fringed by the sea, with a wide offering of alternative activities. You'll love getting lost around Pontevedra and its lively old town, much as distinguished figures used to do in their old and popular social gatherings in this city, capital of the province.



Islas Cies

The Cies archipelago forms part of the Atlantic Islands National Park; idyllic beaches and crystal-clear waters transform this natural environment into a unique observatory of flora and fauna. This place is ideal for trekking and discovering quiet and wild beaches, among which we call your attention to the beach Rodas, which was chosen as the best beach in the world by the British newspaper The Guardian.

GALICIA SURFTRIP 7 DAYS

The area known as Costa das Ondas, which includes the regions of Ferrolterra, Eume and Ortegal, has 12 unique beaches that guarantee 365 days of surfing a year. Besides containing the Océano Surf Museo -the first surfing museum in Spain-, this coastline goes from O Barqueiro beach in the North to Doniños and promises good surfing since it has the greatest consistency of waves in Europe. You'll need a week of intensive surfing to ride all of its waves. It's also the ideal place to find out new hidden spots that don't appear in maps.

The best airports to fly into are in Santiago de Compostela and A Coruña.

YOU MUSTN'T MISS:

The Ferrol of the Age of Enlightenment and its industrial tourism route

This city has the only intact military port from the Enlightenment in Europe and the largest naval base from that time. You may visit its two museums full of secrets and mystery. Don't forget to take your ID card to get in.



The lighthouses route

The lighthouses' lights will lead you along this coastline to the most spectacular cliffs. If you are passionate about photography, the viewpoints in the surrounding area are a must.

GALICIA SURFARI 15 DAYS

If you have enough time to get to know Galicia in depth, the Galician coastline is the perfect destination to enjoy your favourite sport. There's a wide offering of beaches that would be difficult to discover completely in under a fortnight. Depending on the conditions and the time of the year, you can find all kinds of dreamy waves; beach waves, reef breaks, urban or desert beaches in a trip adjustable to any surfer regardless of their skills or expectations.

The most common way to start this surfari is from north to south, getting in at the Mariña Lucense, from Ribadeo to Viveiro. You may continue to the Costa das Ondas, which stands out because of its natural environment, spots and variety of waves. You could stop in the cosmopolitan city of A Coruña to visit one of the unique urban surf beaches: Orzán. From here, you could go on with your trip to Costa da Morte (Coast of Death) -which was given this name because of the maritime tragedies that struck it- and get immersed in the surfing culture that characterises Razo beach. We recommend continuing along the route to Ria de Estrela or Arousa Norte, where the sandy spots in the villages of Noia and Ribeira mustn't be ignored. And if you've not interrupted your trip yet because you fell in love with any of the villages that you found on your way, you'll get to the Rias Baixas and visit the well-known Patos beach.

You may also do this trip from south to north starting in Tui and stopping at the different spots in the villages of Santa María de Oia, Baión, Nigrán, Sanxenxo, Porto do Son, Muxía, Laxe, going across to Carballo, Valdoviño, Burela and Foz.

For this, you could fly to the airports in Santiago de Compostela, A Coruña and Vigo.

YOU MUSTN'T MISS:

Muralla de Lugo

Lugo's Roman wall goes all around the old city, which it was named after. It was declared a World Heritage Site and it is the only fully conserved Roman wall. It was built over 17 centuries ago following the guidelines of the elegant works by Vitruvius. You can walk along its 2 km top to feel closer to the power of imperial Rome and enjoy the best views; but don't forget to go across the city through one of its 10 doors and taste the best tapas.

Torre de Hércules

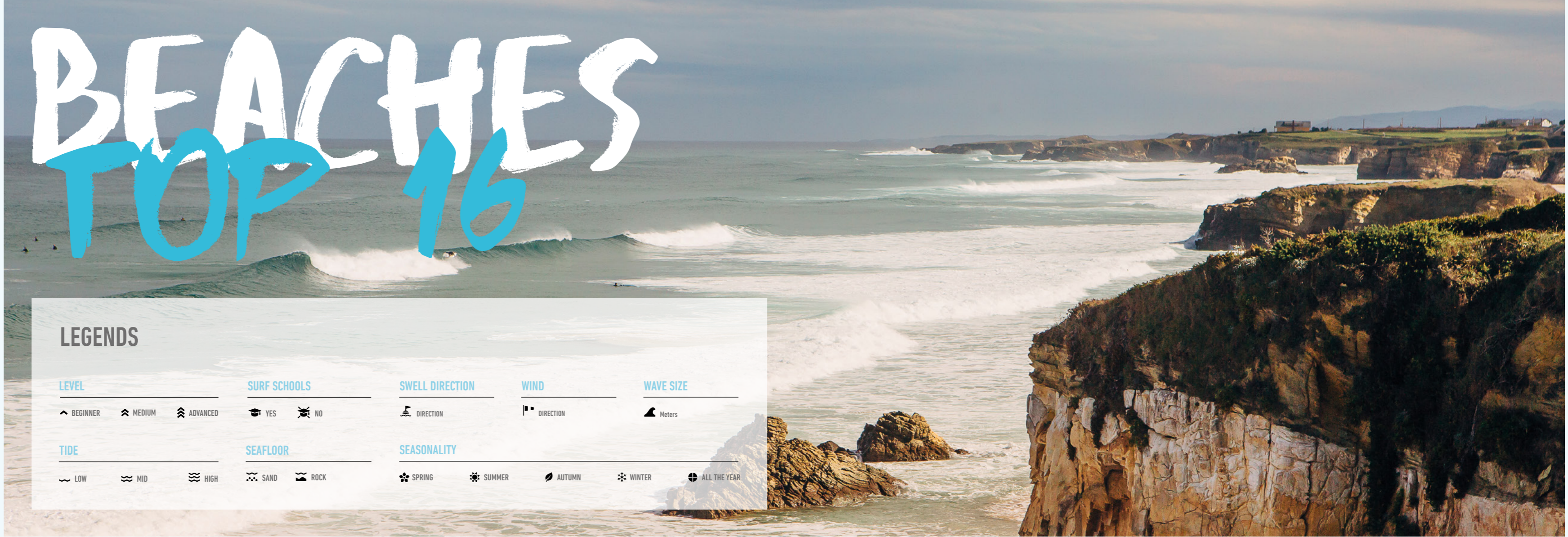
The Hercules tower is the most recognizable symbol of the cosmopolitan city of A Coruña. A beautiful promenade along the seacoast of this city leads you to the oldest still-working Roman lighthouse in the world, which was also declared a World Heritage Site. Don't forget to go for a walk in the Cantónes. You're sure to be mesmerised looking at the modernist crystal verandas which witnessed the birth of a now worldwide brand: Zara.

Cabo Fisterra

In Costa da Morte, the cape Fisterra was named by the Romans, who thought it was the westernmost point in the world, thus: the end of the world. Nowadays, due to its wild landscape and its splendid lighthouse, it's still a popular attraction for tourists and pilgrims alike; the majority of the former don't usually end their trip until they get there.



Santiago de Compostela
The administrative and cultural capital city of Galicia opens its large old city of great architectural value to host thousands of people who finish the Camino de Santiago. Without a doubt the cathedral, also declared a World Heritage Site, is its most appealing feature, but the bustle in its streets, riddled with university culture, is also sure to get you hooked.



LEGENDS

LEVEL REGINER MEDIUM ADVANCED	SURF SCHOOLS YES NO	SWELL DIRECTION DIRECTION	WIND DIRECTION	WAVE SIZE Meters
TIDE LOW MID HIGH	SEAFLOOR SAND ROCK	SEASONALITY SPRING SUMMER AUTUMN WINTER ALL THE YEAR		



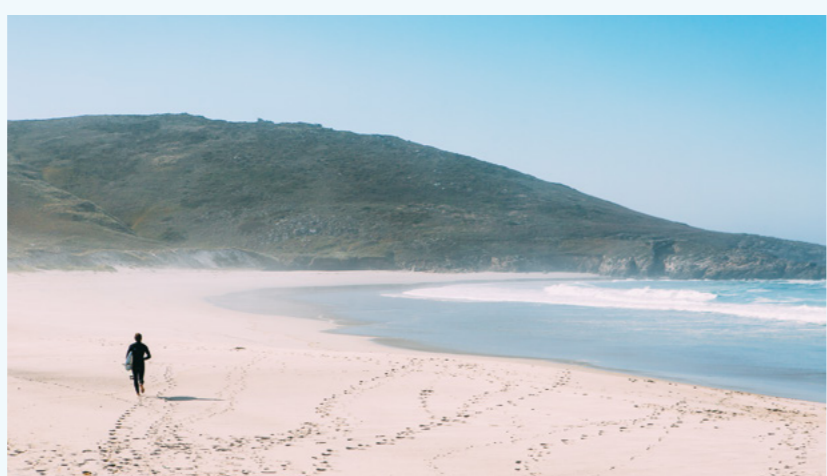
PICOS DE PATOS

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

Patos is a beach located a few kilometres away from Vigo. Because of this, it's one of the most frequented beaches in Galicia. It's also one of the most beautiful, offering stunning views of the Cies Islands which form part of the National Park Illas Atlánticas.

Pico de Patos, the most famous wave in the south of Galicia, is at the most western point of the beach. It's formed by a right and left reef break with a quick take-off, followed by a first tube section. To its left, there's another wave called A Esquerda de Monteferro that can endure big groundswells.

Since it belongs to a semi-urban area, there are services including schools, clubs, surf shops and a wide range of culinary and entertainment options.



MONTALVO

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

Montalvo is a one kilometre-long beach in a rural setting that belongs to the municipality of Sanxenxo. The best beach break in the province of Pontevedra is characterised by variable peaks, highlighted by a left in the south of the beach, and a right when the sea is heavy in the north. Groundswell is needed for breaks and it offers big tubes under optimal conditions.

This is a white and fine-sand beach with dunes in the slope of the pine forest. Those dunes distinguish the beach, making it out as one of the delights of the Rias Baixas as well as one of the favourite beaches for summer tourism in that area.



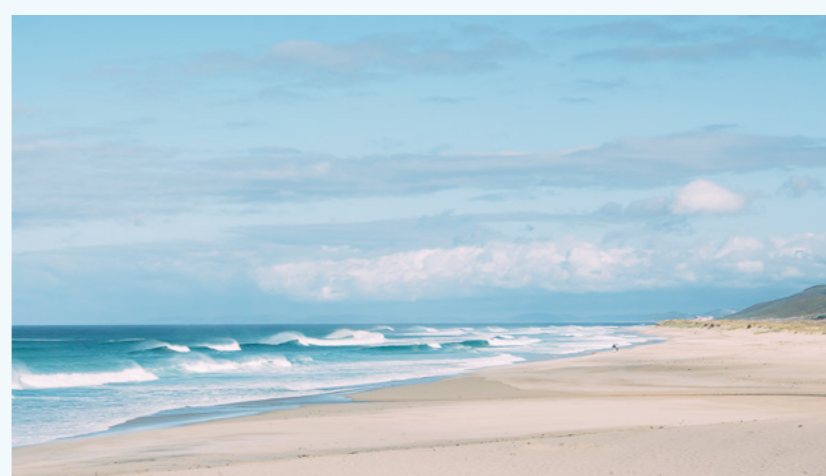
RÍO SIEIRA

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

The beach Río Sieira, one of the most frequented by surfers from Santiago de Compostela, is located in the spectacular A Covaña pine forest.

It has variable peaks over tongues of sand that are perfect for manoeuvres. One outstanding feature is its consistency, since it works the whole year with any kind of groundswell.

The picnic area is an ideal meeting point for local surfers and anyone who's looking for a pleasant time outdoors.



NEMIÑA

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

This wide, virgin beach extends up to the beach Lires, where a left at the mouth of the Castro River and a beach break offer the best breaks in Muxía; a truly environment. It's one of the most sought-after surfing spots in Galicia in recent years, with fun beach breaks for all levels.

Despite being situated away from big cities, it has a great range of hostels, inns, rural tourism and restaurants with local gastronomy, all within around 500 metres off the beach.



SOESTO

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

Near Laxe, heading to Camariñas, you can find Soesto. This is a beach of fine white sand, which is very exposed to rough water. It's often a popular surfing favourite for spending the weekend, since it's one of the most consistent beaches and requires less energetic swell to work.

Access to the beach is via footbridges, so that visitors don't damage important dunes. It also has a large authorised area for motorhomes and vans to camp, as it's a cult place for the most mystic surfers in summer.



MALPICA

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

Malpica de Bergantiños is a typical Galician fishing village and a must-visit for any surfari around the shore of Coruña.

The beach Areamaior has waves at a mid-tide with a particularly noteworthy left break and a right that goes up to the centre of the beach. The water quality is excellent and there are other leisure alternatives too, such as bars along the promenade.



RAZO

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

The iconic Razo beach sits at the beginning of the Costa da Morte ("Coast of Death") and is part of the protected natural area of Razo-Baldaio, ranging in almost 5 kilometres and holding great geographical diversity.

It offers waves every single month of the year and becomes the national capital of surfing camps in summer. These camps run from Baldaio up to past the Rock of Teirón. This beach boasts golden sands and good facilities, including a large area to park, bars and a very good atmosphere.

There are variable beach breaks along the shore under every condition and tide, which makes the beach of Razo an imperative place to visit for surf-lovers.



CAIÓN

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

Caión, located in the municipality of A Laracha, is one of the epicentres of surfing in the city of A Coruña, and is one of the main alternatives for surfing in summer.

You'll find beach breaks that work with different wind direction; best at mid or high tide. Two different peaks are the most common: one the middle with manoeuvrable rights and lefts, and a right wave protected from the wind by the port at the bottom of the beach.

Apart from surfing, the beach has a wide local gastronomic offering and a port with great marine life.



ORZÁN

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

This is the beach of A Coruña: its famous right hand break is Matadeiro, and it's one of the main winter surfing spots in the north of Galicia. Beach breaks and the surfers' monument place this beach at the emblematic heart of the surfing scene in Galicia.

There are often many surfers because it works the whole year, and is very accessible. Its popularity is also due to the location: it's in the most important area in the north of Galicia.

It's a must-visit beach with several different surfing zones, whose quality vary on the seafloor, the water currents and the tides, but it's always a point of interest.



ONDALONGA

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

Ponte Pedrido, also internationally known as Ondalonga, is a wave in the exit of the Ria de Betanzos. It stands out for being the longest wave in Spain, reaching almost a kilometre of surfing length.

It is one of those options that the Galician rias offer when there is a big swell and you need to explore options away from the recurring surf spots.

Ondalonga Longboard Festival is celebrated every year and it has become quite an event in the calendar of Galician surfing.

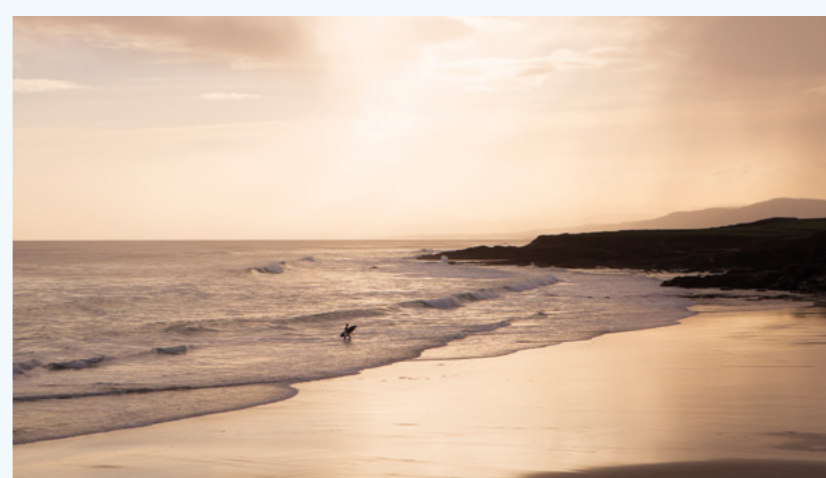


DONIÑOS

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

This nearly 2 kilometre-long beach is the closest to the town of Ferrol, which makes it a focus point for surfers from that town, and from the Costa das Ondas in general. It's easily accessible, has a big car park and high quality waves. In short, it has all the necessary qualities for surfing.

Its variable right and left beach breaks are perfect for surfing manoeuvres on beach's waves.

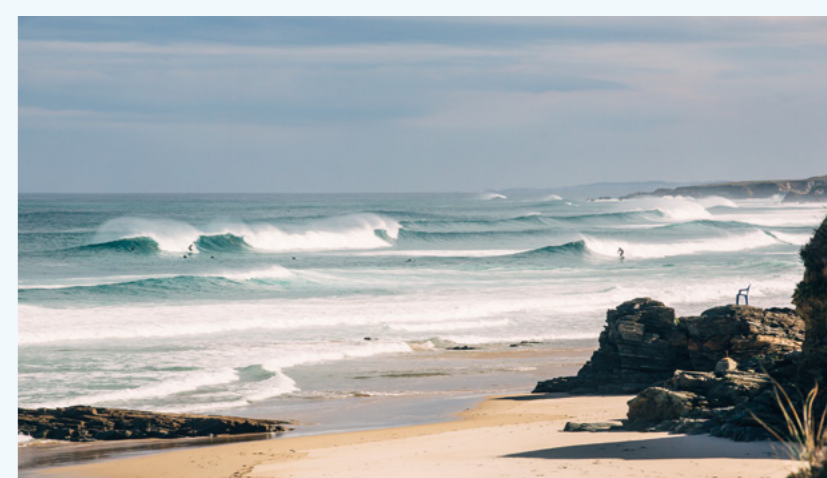


CAMPELO

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

The beach Campelo is one of the most beautiful environments in Europe, which makes this cliff one of the most charming places to surf in Spain.

It has rapid and hollow waves from left and right over crystal-clear water, where two breaks can be distinguished: one on the right side of the beach and another in the middle. There's no need for a strong swell for some good quality surfing; the reason why it is one of the summer surfing favourites and one of the jewels of Costa das Ondas.



PANTÍN

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

Pantín is the most popular beach in Galicia due to the oldest surfing championship with the highest professional level in Spain.

Located in the municipality of Valdoviño, the most significant thing is the famous wave from right and left on the right side of the beach, although it also has waves along its extension up until the area of Marrela.

It's one of the most consistent beaches in Europe, so it's difficult to find days without waves. The beach break can offer a strong swell and that makes it a perfect place to surf under all kinds of conditions, even on the longer days.



MACHACONA

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

One of the key features of the Galician shore is its diversity. If you're looking for strong emotions, this is your wave.

La Machacona means "the tiresome" and it is indeed a strong right slab for lovers of big and dangerous waves. It's best at mid-tide and with waves of a metre high to see the wave work in all its splendour. Without a doubt, it's the signature wave of A Mariña Lucense and by far one of the most impressive in the north of Spain.

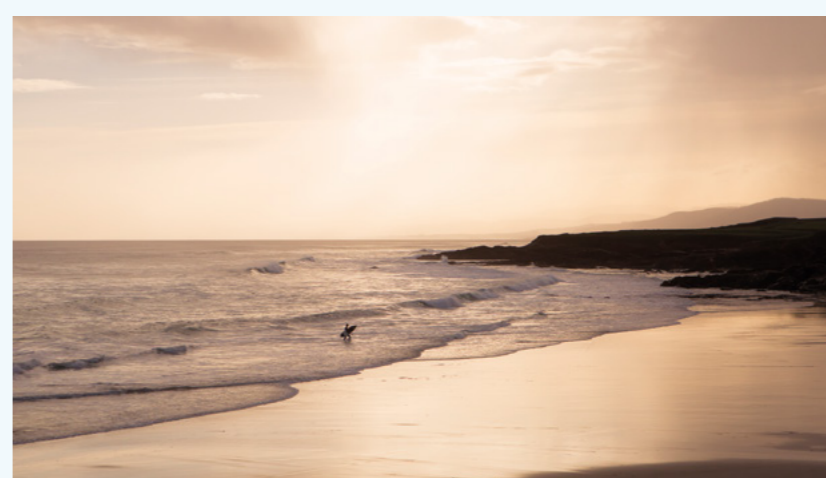


PEIZÁS

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

This is located in the region of Foz, one of the most beautiful areas in Galicia. It offers long beaches with white sand and transparent water, a great offering for tourists.

Peizás is characterised by long and manoeuvrable waves for all levels, particularly the reef break and beach break from left and right in the west of the beach. A strong swell is vital, so when there's a rough sea, it's one of the most crowded spots on the coast of Lugo.

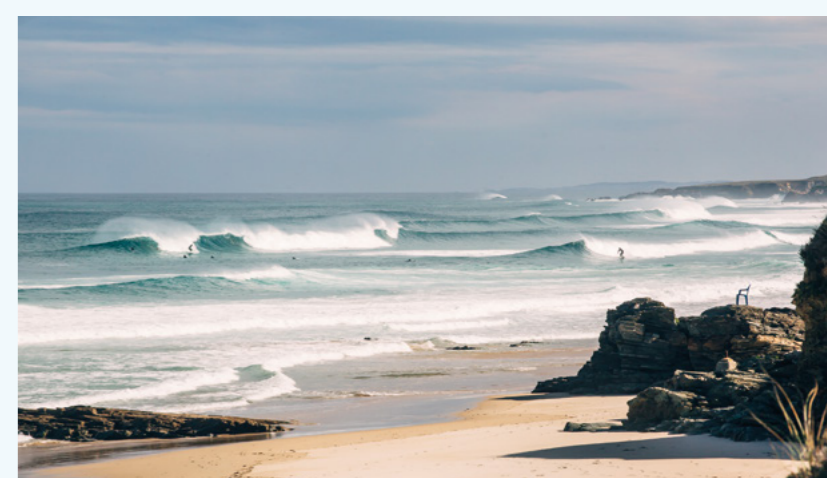


OLIÑAS

Icons for beach features: waves, sun, wind, tide, surf schools, seafloor, swell direction, wind direction, wave size.

This is a long beach between Ribadeo and Foz, with multiple strong peaks and huge tubes. It is one of the most frequented places by expert surfers in winter and by tourists in summer, which makes it an ideal location for beginners.

There are different beaches in its surroundings, making it one of the most representative areas in the A Mariña Lucense.



WELCOME TO

GALICIA SURFING!

Galicia is summed up by endless beaches of fine sand and crystal-clear water with a touch of magic. It's an Atlantic idiosyncrasy which mixes together shades of green with great mountains, wide valleys, legendary villages, cosmopolitan cities and very charming regions; a remarkable territory for surf lovers where you'll be able to enjoy good waves 365 days of the year.

The different orientations of the rías (drowned valleys) and their geographical features are globally unique and provide the region with winds and tides that adapt to the different surfing areas. Because of this, it's always possible to find favourable conditions within a few kilometres. Constant and consistent waves will be waiting for you at over 100 spots of this natural coastline.

INTERPRET OUR WAVES

From the border of Ribadeo and Asturias to the border of Tui and Portugal, Galicia offers the greatest potential of waves all through the four seasons. Costa das Ondas in Ferrolterra and Costa da Morte are the perfect places for spring and summer, and Rías Baixas and A Mariña Lucense for autumn and winter.

In A Mariña Lucense, the northernmost area in Galicia, you'll find unique beaches and reef breaks washed by the Cantabrian Sea.

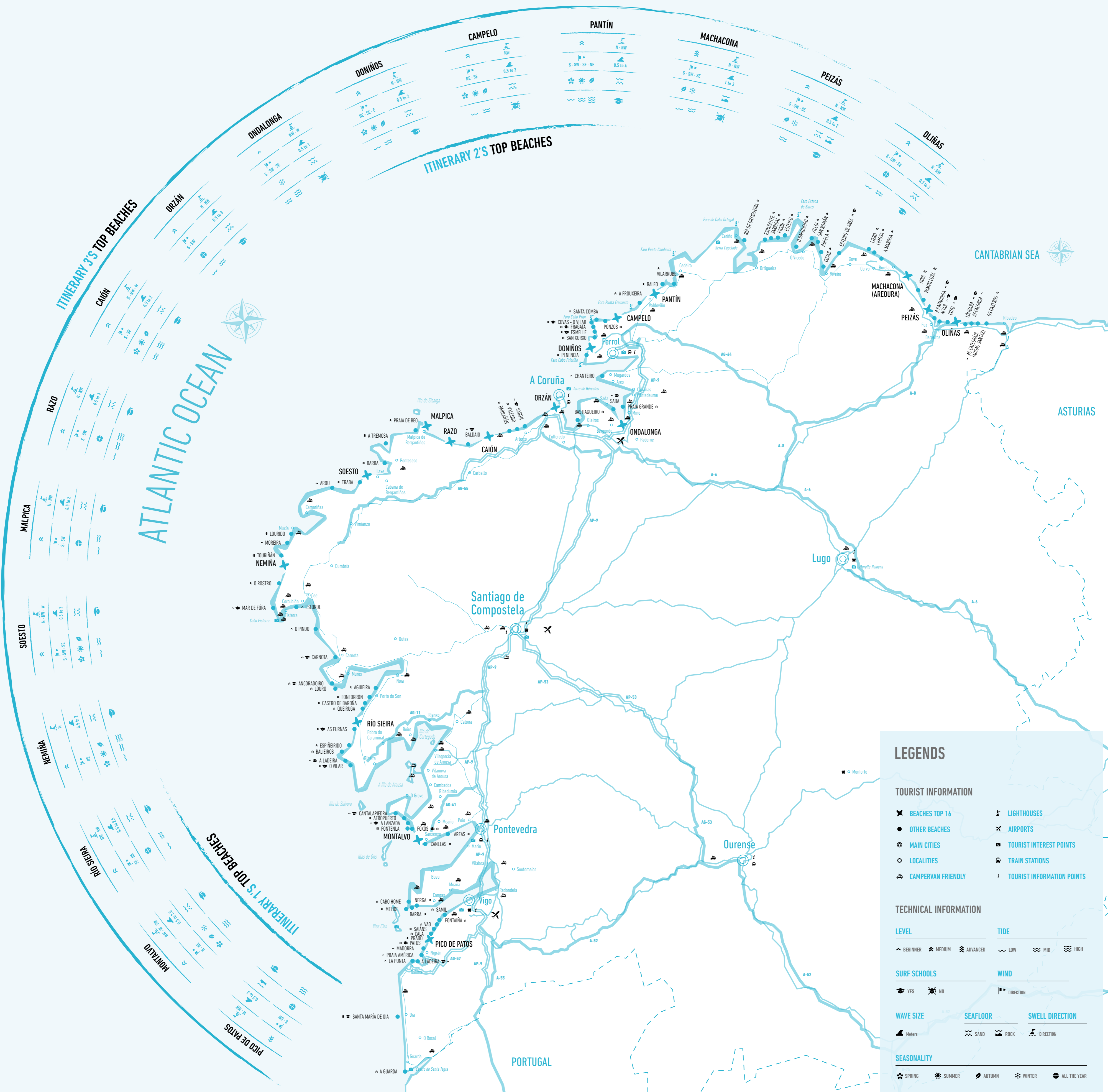
Costa das Ondas is one of the most consistent seascapes in Europe and works under all kinds of conditions, which makes it a safe bet when choosing a surfing destination.

In Costa da Morte, there are still hundreds of kilometres to discover. It is a territory with a particular interpretation of the ocean and surf, and a great potential for XXL waves.

The Rías Baixas offer a variety of options for large swells and urban surfing. The Rías de Pontevedra and Vigo hide big secrets; the coastline between Baiona and A Guarda is riddled with reef breaks excellent for experienced surfers.

Without a doubt, the most relevant features of the territory are the vast amount of waves and the environmental richness, so characteristic of natural beaches in Galicia.

HERE WE ARE



SURFING ESSENTIALS IN GALICIA
DON'T MISS IT!



PANTÍN CLASSIC GALICIA PRO

This is so much more than just a mandatory date for surfers who love professional competition. It forms part of the QS of the World Surf League and is the most relevant surfing event in Spain. You shouldn't miss this championship if you're in Galicia at the end of the summer. There, you'll enjoy the best surfing as well as live music, gastronomy, fashion and other activities which transform beach Pantín into an authentic surfing "city" for a week.

Location: Playa de Pantín - Valdoviño
Web: pantinclassic.org



OCEANO SURF MUSEO

This is the only surfing museum in Spain. Its exhibition shows the world history of surfing, with an approach that questions some aspects which are normally generalised in the sector, as well as its arrival in Spain and Galicia. It also has a wide activity schedule, additional to the permanent collection, such as cinema seasons, conferences, training seminars, temporary exhibitions of board collections and photography amongst other things.

Location: Casa de la Cultura de Valdoviño.
Web: oceanosurfmuseo.org



SPANISH SURFING CHAMPIONSHIP

Since 2011 the Spanish national champions have been awarded on Doniños beach. This surfing event attracts the largest number of participants in Spain and competitions of different categories under the Spanish Surfing Federation are held on this beach in the Costa das Ondas every year. If you're travelling early in summer, this is a perfect chance to rub shoulders with the best riders in the country.

Location: Playa de Doniños - Ferrol
Web: cesurfes



ONDALONGA SURFING DAY · LONGBOARD FESTIVAL

This is a festival to surf the largest wave in Spain. Everybody is welcome to this event; in which fun and surfing combine; your skills on the board are the least important thing. Its special characteristics have led to the establishment of a 4-month waiting period to find the ideal conditions for the festival. Keep an eye on the information that they post in their social networks in order to plan your trip.

Location: Playa de Pontepedrido - Bergondo
Facebook: @ondalongsurfingday